

Break the Silence - Start a Dialogue

Suicide: Here are a few reasons why the dialogue needs to start

- 1** Approximately 1 in 10 Ontario Students report that they have seriously considered suicide in the past year.
- 2** Suicide is the second leading cause of death among our youth.
- 42** The number of Waterloo Region residents who died by suicide in 2007.
- 83** The percentage of Canadians who do not know that suicide is one of the leading causes of death among youth.
- 140.8**
/100,000 Average rate at which female residents in the Region visited the emergency departments for suicide attempts in 2009. This is much higher than the provincial average of 103.9 visits /100,000.
- 616** The Region's yearly average of emergency room visits for suicide attempts and related incidents from 2005 - 2009.
- 1045** The number of attempt suicide occurrences the Waterloo Regional Police responded to in 2010.
- 3611** The number of Canadians who died by suicide in 2007.



Waterloo Region
Suicide Prevention Council
www.WRSPC.ca

519.744.7645 Ext.310

This is a voice mail service and not a crisis line

Sources:

*Suicide in Waterloo Region:
A Health Status Report May 2011.*
Census: Stats Canada, 2007.
*Your Life Counts, National Poll:
Harris Decima, August 2010.*
*Suicide Related Demand on Police Services
2009-2010. Waterloo Regional Police Services.*
2009 Ontario Student Drug Use Survey