

TERMS OF REFERENCE

Stress and Resilience Priority Committee

Discussed 2017 | Accepted

<p>Overview WRSPC 3 Key Priorities</p>	<p>At the WRSPC Strategy day on November 24, 2016 the following 3 Key Priorities were determined.</p> <p>Priority #1</p> <ul style="list-style-type: none"> Stress & Resilience Strategies -Ideas discussed included adding resources to the website, how to appeal to males, and how to present stress and resilience in a cultural way, and what is the best language to use (eg- life promotion vs suicide prevention), and how to build resilience in isolated groups such as first responders, military, seniors, and a variety of other isolated groups <p>Priority #2</p> <ul style="list-style-type: none"> Research – Discussed pulling together a working group to look at how best to proceed -Cultural Impact - Who & Why - Feedback Loop -In/out of View - Media <p>Priority #3</p> <ul style="list-style-type: none"> Hospital Care Packages - Already have buy in from GRH and CMH - Want to look at care packages for the 2/3 of individuals who present at hospital with suicidal thoughts that do not get admitted
<p>1.0 Purpose</p>	<p>The Stress and Resilience Priority Committee:</p> <ul style="list-style-type: none"> Assemble and make available through our website resource material assuring availability and resources that are user friendly.
<p>2.0 Goals</p>	<ul style="list-style-type: none"> To ensure relevant information to members of the community To develop reciprocal resource sharing relationship with community partners
<p>3.0 Objectives</p>	<ul style="list-style-type: none"> To provide a website platform for those looking for information in regards to stress and resilience. To gather resources from other agencies/organizations and have equal representation of these agencies on the WRSPC website. To streamline website content so that it is easy to find Promote Website content Engage external support to compile resource

<p>4.0 Membership</p>	<p>The Stress and Resilience Priority Committee shall consist of the following staff, as designated as follows:</p> <p>Current Members:</p> <p>Community – Mark Beadle Waterloo Fire Rescue – Ryan Shubert School Age- Waterloo Region District School Board – Barb Ward Parents, Bereaved Families - Skills for Safer Living- Colleen Pacey Seniors- Community Support Connections- Linda Flemming Thresholds Homes and Supports– Rob Martin Waterloo Region Suicide Prevention Council – Jenna Peacock</p> <ul style="list-style-type: none"> • Additional members from external agencies will be appointed to the committee as needed
<p>5.0 Meetings</p>	<p>Frequency:</p> <p>Meetings: Twice Monthly</p> <p>Location: Rotational locations, or by teleconference</p> <p>Recorder: WRSPC Staff Lead to record minutes</p> <p>Facilitator/Chair: Responsible for agenda, delegation, arranging meetings.</p>
<p>6.0 Roles & Responsibilities</p>	<p>Facilitator/Chair:</p> <ul style="list-style-type: none"> • Shall prepare an agenda, schedule meetings, and invite members accordingly • Record minutes • Facilitate meeting discussions by following an agreed upon agenda • Distribute minutes via email • Ensure terms of reference are followed • Participate in the completion of tasks • Shall be primary staff contact person for any external staff or person that is brought into do work on this committee <p>All members:</p> <ul style="list-style-type: none"> • Attend meetings • Keep up to date with minutes • Participate in discussions • Participate in the completion of tasks arising from meetings and in between meetings
<p>7.0 Reporting</p>	<ul style="list-style-type: none"> • Stress and Resilience Priority Committee updates are provided at the monthly WRSPC meeting.



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