

“Why...?” Support After Suicide Loss

“Why...?” is a free 9-week group for individuals in Waterloo and Wellington who are bereaved by suicide. Led by professionals, this group provides a safe, confidential, and non-judgmental space.

Groups are scheduled and currently running virtually. To inquire or register, please call (519) 884-0422 and press “4” or [click here](#) to register online.



Waterloo Region
Suicide Prevention Council

