



WATERLOO REGION

Suicide Prevention Council

WRSPC Board of Directors Member Application Form

The Waterloo Region Suicide Prevention Council (WRSPC) is a non-profit, community-based organization, established in 1997. We are a team of dedicated, passionate staff and volunteers committed to advancing our mission, achieving our vision, pursuing hope, help, and healing, and community building to help reduce suicide and its impact on individuals, families, and the community. To enable us to do this we strive to demonstrate our values in all we do: lived experience, inclusivity, collaboration and community.

The purpose of WRSPC is to:

- Seek out meaningful and creative ways to engage the voices of those with lived and living experience of suicide.
- Breakdown barriers to create an anti-oppressive culture of respect and support that focuses on the individual needs of staff, volunteers, and people participating in activities.
- Work together, collaboratively, to achieve great things.
- Actively engage with our communities to create a sense of belonging for all.
- Focus on four key pillars: 1) Building Sense of Community, 2) Engaging Priority Populations, 3) Organizational Capacity, and 4) Growing Provincial and National Reach.

We recognize that people come with a wealth of experience and talent beyond just technical requirements. If you don't have every single requirement, or the exact level of experience listed in our description, but the skills and experience needed for the position still resonate with you, please consider applying. Diversity of experience and skills combined with passion is a key to innovation and quality; therefore, we encourage people from all backgrounds to apply to our positions. Please include a copy of your resume with the application form.

Personal Information

The Waterloo Region Suicide Prevention Council will not use these details to add you to our mailing list, and the information will not be shared with anyone.

Name

First: _____ Last: _____

Address

Street Address: _____

Address Line 2: _____

City: _____ Province: _____

Postal Code: _____ Country: _____

Contact

E-Mail Address: _____

Phone Number _____

Today's Date

Relevant Experience

Please provide concise responses to the following questions.

Please briefly tell us about yourself and why you would like to serve on the WRSPC Board of Directors:

Please briefly outline your previous Board or community leadership experience (if applicable):

What do the WRSPC values (Lived Experience, Inclusivity, Collaboration and Community) mean to you?

Please complete the Skills Matrix, located in the Appendix at the end of this document.

References

Please Provide at least two professional or personal references.

Reference #1:

First Name: _____ Last Name: _____

Relationship _____

Street Address _____

Address Line 2 _____

City _____

Province _____

Postal Code _____

Country _____

Phone Number _____

Reference #2:

First Name: _____ Last Name: _____

Relationship _____

Street Address _____

Address Line 2 _____

City _____

Province _____

Postal Code _____

Country _____

Phone Number _____

Reference #3 (optional):

First Name: _____ Last Name: _____

Relationship _____

Street Address _____

Address Line 2 _____

City _____

Province _____

Postal Code _____

Country _____

Phone Number _____

I HEREBY CERTIFY that the information provided in this form is complete and correct to the best of my knowledge, and I understand the requirement to obtain a Criminal and Judicial Matters Check if selected.

Signed this day, the _____ of _____, 2026.

Submit application as well as your resume and skills matrix, in confidence, no later than 4:00pm on Thursday, April 30th, 2026, choosing one of the following:

Email to: ebrewersingh@wrspc.ca

Mail to: 165 King Street East, Kitchener, ON N2G 2K8 Attn: WRSPC

Drop off in-person between 8:30am-4:30pm to: 165 King Street East, Kitchener, ON N2G 2K8 Attn: WRSPC

If you require accommodation for submitting your application, please contact Elisa Brewer-Singh at ebrewersingh@wrspc.ca or by calling 519-884-0422 ext. 1.

WRSPC requires all candidate Board Members to obtain a Criminal and Judicial Matters Check.

Appendix

WRSPC Board of Directors Application: Skills Matrix

Please complete the following skills matrix by indicating your self-ranking for each item: **Basic** (interested in this), **Intermediate** (I have some experience), **Advanced** (I have experience and credentials) or **N/A** (not applicable/none of the above).

	Basic	Intermediate	Advanced	N/A
Areas of Strength				
Advocacy				
Business acumen				
Community Development				
Community services/leadership/capacity building				
Cultural Humility and Diversity				
Finance				
Fiscal Oversight				
Policy Development				
Fund Development				
Governance				
Innovation				
Legal				
Marketing and Communications				

Networking				
Organizational Leadership/Capacity Building				
Risk Mitigation				
Stakeholder Engagement				
Strategic Thinking/Visioning				
Systems Thinking				
Other: _____				
Areas of Influence	Basic	Intermediate	Advanced	N/A
Local Business Community				
Community at Large				
Media				
Political				
Social or Health Services Providers (Agencies/Hospitals)				
Other: _____				

If you feel comfortable, please self-identify the perspectives and/or living and lived experience that you hold or can speak to in the chart below.

Perspective	
Lived and Living Experience (mental health or suicide)	

Social Identities (including but not limited to 2SLGBTQIA+, BIPOC, Indigenous, Neurodivergent).	
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If you have any comments you would like to share about your areas of strength, areas of influence, or the perspectives you hold, please feel free to share them below.